

## Year 1 Weekly Home Learning Plan – 27<sup>th</sup> April 2020

Please find below this week's Home Learning for Year 1. We are now using online learning provided by **Oak National Academy** – details are below.



# ClassDojo

You should have received an invite from ClassDojo to create a Parent Account so that you can message us directly to ask questions about Home Learning and send us examples of your children's work. We will be able to reply to your messages and acknowledge children's work and look forward to communicating with you all in this way. We hope you will find this really useful and if it is successful we will continue to use this when school reopens. If you have not had your invite, please email [head@stmatthias.worcs.sch.uk](mailto:head@stmatthias.worcs.sch.uk) to arrange for this to be activated for you.

### Daily Reading (this will be the same every week)

Read to an adult for at least half an hour each day. This could be broken into two 15-minute sessions. Enjoy any reading material you have at home including comics, magazines, books, annuals etc. You can access free ebooks on Oxford Owl that are split into colour bands so if you know what colour books your child is reading at school, have a look at their free elibrary here: <https://home.oxfordowl.co.uk/books/free-ebooks/> If you run out of books and are able to get online, you can also access reading activities on:



Lexia



Teach Your Monster to Read



Oxford Owl

### Daily Oak National Academy Lessons

Please now use the **Oak National Academy** site to access daily English, Maths and Foundation subject lessons. You can find the lessons here: <https://www.thenational.academy/> and we have sent instructions for how to use this site in a separate letter.



To access the lessons, click on 'Online Classroom' > 'Schedule' > 'Year 1' and select the day. The lessons need to be done in order – don't worry if you have missed a day, just do the next lesson in the sequence depending on where you are up to.

If you need any help accessing the online learning please message the class teacher through ClassDojo. We will be able to message you back directly during school hours.

### Daily PE / Exercise



Daily PE Sessions with Joe Wicks continue to be hugely popular with a fancy-dress theme every Friday. If you can handle the lunges and burpees you can access the live stream each day here on YouTube: <https://www.youtube.com/watch?v=nMpSKmcdXBI>

The Government is still allowing people to have daily exercise outside of the home so do go for a walk every day whilst the weather is so lovely. Most families live close enough to walk to Malvern Common and this as a lovely open space big enough to run around and get some much-needed fresh air. **Remember to stay at least 2 metres away from other families.**

### Mental Health and Wellbeing

Choose any of these activities to do – these are suggestions and don't all have to be completed:

- ✓ Continue to spend plenty of time outdoors whilst the weather is still good.
- ✓ Make a telephone or video call to loved ones you haven't been able to see – they will be so happy to hear from you!
- ✓ Draw pictures or take photos of the different trees and plants you see on your walks.
- ✓ Play board games or games where you need to take turns – this is an important skill.
- ✓ Invent your own version of Tag to play in the house or your garden – maybe you are only allowed to hop to chase each other, or walk, or crawl!

We would love to see your home learning in action so please send any messages or photos through ClassDojo to show us and we will message you back! Don't forget you can tweet pictures of your work to @stmatprimary or bring it into school when we return.

